



# Aditya College of Engineering & Technology

Aditya Nagar, ADB Road, Surampalem - 533437

Date: 12/11/19

Surampalem.

To  
The principal,  
Aditya college of Engineering and Technology,  
Surampalem.

Sub: - Requesting permission for conducting a program "AYUSH- health & hygiene." in our campus.

Respected Sir,

We are the members of health club in order to improve health of students and faculty, we plan to conduct a programme AYUSH- Health & hygiene on 16/11/19. Now I am requesting permission to conduct this program by the expert in seminar hall and also required to allocate required budget.

Budget proposal for conducting program


S.No	Particular of Event	Amount in Rs.
1	Travel (by car)	1000/-
2	miscellaneous	1000/-
Total Amount		2000/-

I request you to sanction an amount of Rs 2000 /- (Two thousand rupees only) for smooth conducting of the event.

Thanking you sir,

  
Conyener

(Health Club)

  
Principal  
**PRINCIPAL**  
Aditya College of  
Engineering & Technology  
SURAMPALAM- 533 437

  
**PRINCIPAL**  
Aditya College of  
Engineering & Technology  
SURAMPALAM- 533 437



# Aditya College of Engineering & Technology

Aditya Nagar, ADB Road, Surampalem - 533437

Date: 14/11/2019

## CIRCULAR

It is informed to all the students that there will be a programme "AYUSH- Health & hygiene" on 16/11/2019 from 11:00 am to 1:00 pm in our campus to improve health and creating healthy environment.

In this connection, all the interested students and staff are invited to participate in the programme.

copy to  
IQAC  
Dept HOD's  
Office  
Health club committee

Principal

**PRINCIPAL**  
Aditya College of  
Engineering & Technology  
SURAMPALEM- 533 437

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SURAMPALEM- 533 437



Aditya College of Engineering & Technology

Aditya Nagar, ADB Road, Surampalem - 533437



ADITYA COLLEGE OF ENGINEERING & TECHNOLOGY

Aditya Nagar, ADB Road, Surampalem 533437.



*A program on*

"AYUSH- health and hygiene"

On 16-11-2019

By

Dr. Ch. Sanyasi Raju

*Organised by*



  
**PRINCIPAL**  
Aditya College of  
Engineering & Technology  
SURAMPALAM- 533 437



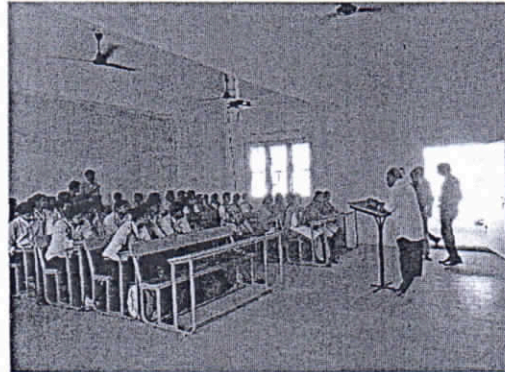
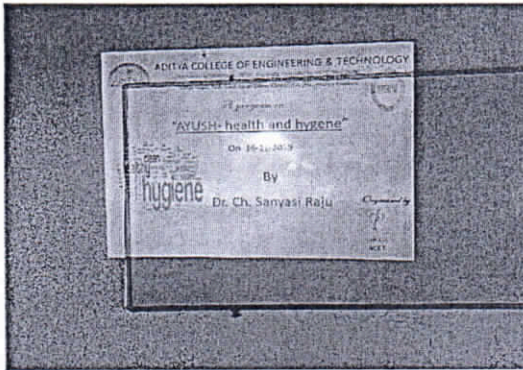


# Aditya College of Engineering & Technology

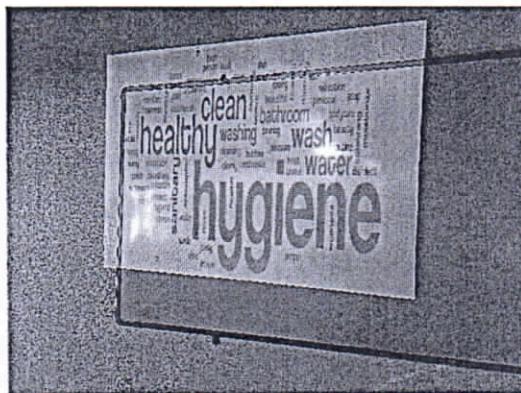
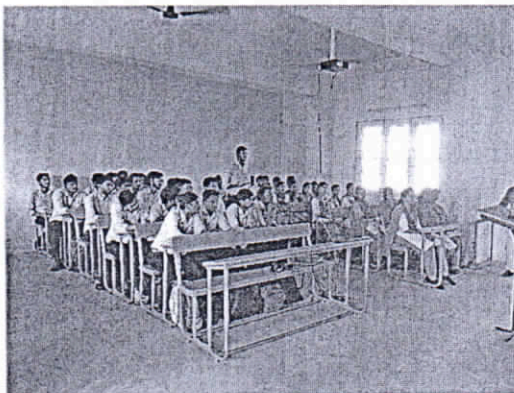
Aditya Nagar, ADB Road, Surampalem - 533437

Event name: AYUSH- Health & hygiene

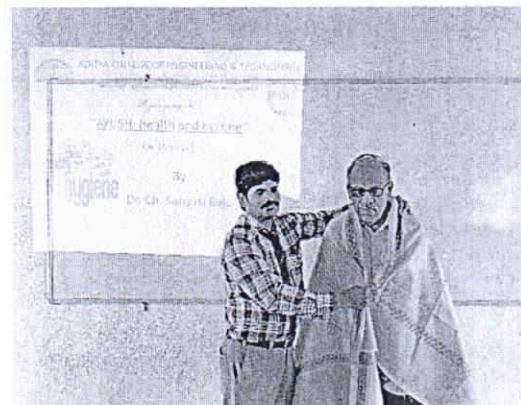
Date:16/11/2019



Arrangement of event and inviting the guest



Speech on various hygiene procedures



Guest Felicitation

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Aditya College of  
Engineering & Technology  
SURAMPALAM- 533 437



**Event name:** AYUSH- Health & hygiene

**Date:** 16/11/2019

## A REPORT ON "AYUSH-Health & hygiene"

**Speaker of the event:** Sri Dr.Ch. Sanyasi Raju garu,

**Venue:** Seminar Hall - Visveswaraya Bhavan.

**Date:** 16/11/2019

No of Students attended: 140

Health club committee conducted AYUSH- Health & hygiene programme in our campus. The resource person explained about hygienic environment and its influences on our health.

The main objectives of this session:


- ✓ To create awareness on hygiene to the students.
- ✓ To creating hygienic environment in the campus.
- ✓ To create awareness how hygiene improves our health.

In this program 140 students have participated and the speaker explained hygiene is a set of practices performed for the preservation of health. Hygiene practices are employed as preventative measures to reduce the incidence and spreading of disease. Sanitation involves the hygienic disposal and treatment by the civic authority of potentially unhealthy human waste, such as sewerage and drainage.

In the manufacture of food, pharmaceutical, cosmetic and other products, good hygiene is a key part of quality assurance i.e., ensuring that the product complies with microbial specifications appropriate to its use.

In home and everyday life settings plays an important part in preventing spread of infectious diseases. It includes procedures used in a variety of domestic situations such as hand hygiene, respiratory hygiene, food and water hygiene, general home hygiene (hygiene of environmental sites and surfaces), care of domestic animals, and home healthcare (the care of those who are at greater risk of infection).

Finally, the resource person gives suggestions to maintain hygiene in every individual surroundings.

  
  
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**Aditya College of**  
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**SURAMPALAM- 533 437**





# Aditya College of Engineering & Technology

Aditya Nagar, ADB Road, Surampalem - 533437

Date: 7/12/2019  
Surampalem.

To  
The principal,  
Aditya college of Engineering and Technology,  
Surampalem.

Sub: - Requesting permission for conducting the program "MANAVATHA – First aid Techniques" in our campus.

Respected Sir,

We are the members of health club in order to improve health of students and faculty, we plan to conduct a programme MANAVATHA on 9/12/2019 Now I am requesting permission to conduct this program by the expert in seminar hall and also required to allocate required budget.


Budget proposal for conducting program

S.No	Particular of Event	Amount in Rs.
1	Travel (by car)	1000/-
2	miscellaneous	1500/-
Total Amount		2500/-

I request you to sanction an amount of Rs 2500/- (Two thousand five hundred rupees only) for smooth conducting of the event.

Thanking you sir,

  
Convener  
(Health Club)

  
Principal  
**PRINCIPAL**  
Aditya College of  
Engineering & Technology  
SURAMPALAM- 533 437

  
**PRINCIPAL**  
Aditya College of  
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SURAMPALAM- 533 437



# Aditya College of Engineering & Technology

Aditya Nagar, ADB Road, Surampalem - 533437

Date:8-12-2019

## CIRCULAR

It is informed to all the students that there will be a programme “**MANAVATHA first aid techniques**” on 9-12-2019 from 11:00 am to 1:00 pm in our campus. To bring awareness in students, Health club is organising a seminar.

In this connection, all the interested students and staff are invited to participate in the programme.

**Resource person:**

Dr. Ch. Sanyasi Raju garu  
General practitioner  
RATNARAJU hospital  
Samalkot.

copy to

IQAC

Dept HOD's

Office

Health club committee

Principal

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# Aditya College of Engineering & Technology

Aditya Nagar, ADB Road, Surampalem - 533437



## ADITYA COLLEGE OF ENGINEERING & TECHNOLOGY

Aditya Nagar, ADB Road, Surampalem 533437.

*A program on*

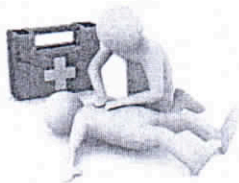


### "MANAVATHA- first aid techniques"

On 9-12-2019

By

Dr. Ch.Sanyasi Raju



*Organised by*



  
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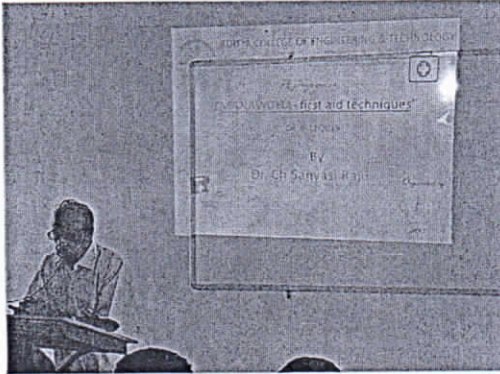


# Aditya College of Engineering & Technology

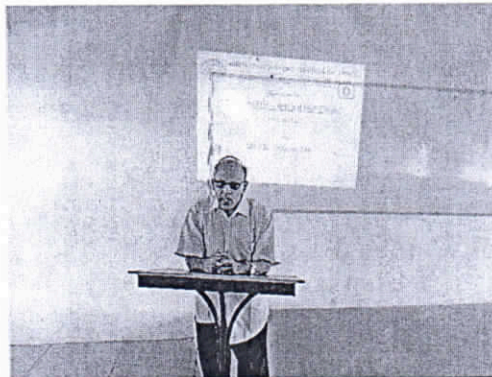
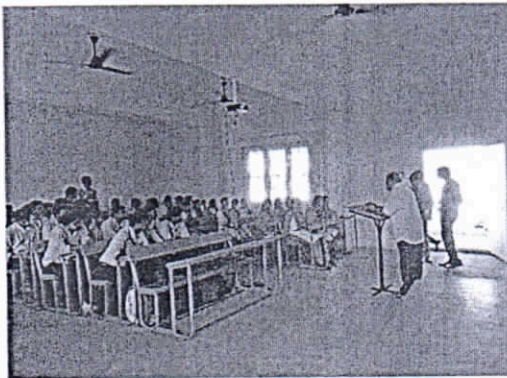
Aditya Nagar, ADB Road, Surampalem - 533437

Event name: MANAVATHA- first aid techniques

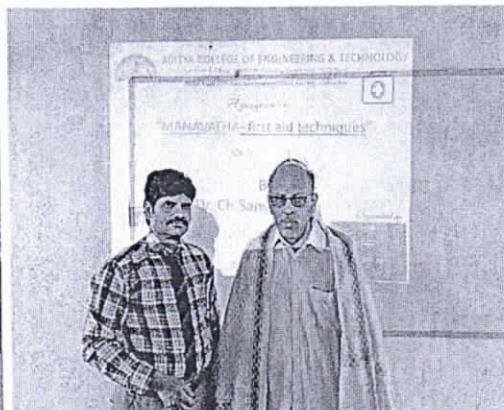
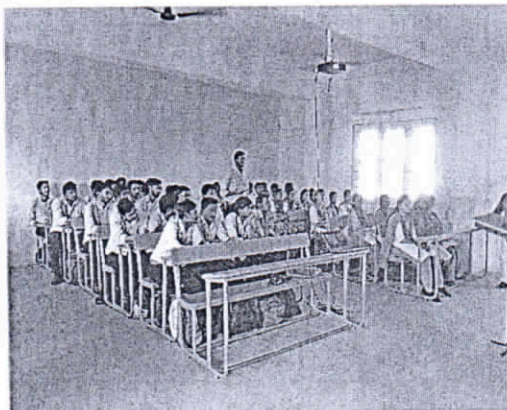
Date: 9/12/2019




Welcoming the guest and introducing the event



Lecture on the first aid techniques



Honouring the guest

  
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Aditya College of  
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SURAMPALEM- 533 437



**Event name:** MANAVATHA- first aid techniques

**Date:** 9/12/2019

## A REPORT ON "MANAVATHA- FIRST AID TECHNIQUES"

**Speaker of the event:** Sri Dr.Ch. Sanyasi Raju garu,

**Venue:** Seminar Hall - Visveswaraya Bhavan.

**Date:** 9/12/2019

**No of Students attended:** 131

Health club committee conducted "MANAVATHA first aid techniques programme in our campus. The resource person explained about various life-saving first aid techniques.

The main objectives of this session:

- ✓ To create awareness on first aid techniques.
- ✓ What are the things to do, not to do in various accidental situations?
- ✓ Awareness on major health issues.

In this program 131 students have participated and the speaker explained about what are the first aid techniques uses in the road accident and fire burns, electric shock cases, majorly. He gave some physical practice with students also. He gave some impressions to early detection of heart attack and tips to what to do, what not to do. Lastly, he discussed about importance first aid box to keep in buses, various places in college.

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